

## August Board Meeting Minutes

August 9, 2022

Attending: Susan Hatch, Barbara Latta, Jack Threadgill, Brad Broyles, Elizabeth Werner.

Absent: Gerald Armentrout, Tyler Pake

The meeting was called to order at 6:32 PM.

The July minutes were approved as written.

### Membership Report

Regular active annual – 143

Lifetime members – 16

Total – 159

### Treasurer's Report - Gerald Armentrout

#### August Report

Race Account – \$ 9,667.05

Operating Account - \$1,798.42

TOTAL: \$11,465.47

Money Market Account - \$12,092.18

### President's Report - Jack Threadgill

### Third Quarter Meeting

The meeting will be September 11, 3:30 pm at The Thomas G. Crowder Woodland Center. The guest speaker will be Andrea Lytle Peet, who was diagnosed with ALS at the age of 33. She and her husband David founded Team Drea which has raised more than \$750,000 for ALS research. Andrea, who was a triathlete, has completed 50 marathons in 50 states to raise funds and awareness of ALS.

We will plan the Fourth Quarter meeting date at the September Board meeting.

### Social Runs

Judy Liu volunteered to host the August Social Run (Saturday, August 27) on the ATT.

Susan Hatch is hosting the Out of Darkness Community Walk at the Fleming Loop Park in Fuquay-Varina on September 25. Participants can register online or at the event from 5:30-6:30 PM. The walk time is 6:30-8:00 PM. Donations are optional. Sue Hatch registered NCRC as a team.

### Race Reports

Brad Broyles reported on the ATT 10 miler and 4 miler. The race is the RRCA Southern Region Championship. 203 are registered between the two distances. Income is \$7490 and expenditures are \$450. He will send out a reminder to register. He is looking for sponsors. Elizabeth Werner is assisting Brad. Race Reach can make a QR code to put on race posters to be displayed at fitness centers and running stores (for registration). There may be more parking at the church. Elizabeth Werner suggested we could have a special shirt or medal for those who do all 3 of our races. Sponsors: Cup-a-Joe, Plum Naked, and Apex Fleet Feet who is providing crossing guards.

### Other Business/Events

The Sir Walter Miler was Friday, August 5, 2022. There was a huge crowd. The NCRC team was 9/10 in the Run Club 4 x 400 meter relay (5:05.29). Omar Wiggan ran a 5:09.29 in the Coaches 1 mile Clash. The Sir Walter Miler was at the track at Cardinal Gibbons High School (1401 Edwards Mill Rd., Raleigh, NC) this year.

The Wild Bill 5k was August 6, 2022 at the Seven Oaks Swim and Racquet Club. Bill Parquet was the race director. NCRC had a booth there.

Esther Dill is working on the club merchandise website store. She is looking for shirts and hopes to report on that in September. She is also checking out display signs for NCRC. Brad Broyles mentioned selling race shirts through RaceReach on the club site.

The Galloway/NCRC Pancake Run (6:30 am) and Breakfast (8:00 am) will be October 8 at Inside Out Sports in Cary, NC.

Adopt-A-Highway - Meets in the Sertoma Arts/Shelley Lake parking lot.

The third Adopt-A-Highway in 2022 will be Saturday, September 24 at 9:00 AM.

Omega Sports and Bull City Running are offering NCRC members a 10% discount. Capital Run Walk, under new ownership, will continue to offer club members a 10% discount.

The next board meeting: September 13, 2022.

The meeting was adjourned at 6:56 PM.

Submitted by Susan Hatch