

July Board Meeting Minutes

July 12, 2022

Attending: Gerald Armentrout, Susan Hatch, Barbara Latta, Jack Threadgill, Elizabeth Werner.

Absent: Tyler Pake

The meeting was called to order at 6:35 PM.

The June minutes were approved as written.

Membership Report

Regular active annual – 143

Lifetime members – 16

Total – 159

Treasurer's Report - Gerald Armentrout

May Report

Race Account – \$16,430.39

Operating Account - \$1,713.24

TOTAL: \$18,143.63

Money Market Account - \$12,092.08

President's Report - Jack Threadgill

Third Quarter Meeting

The meeting will be September 11, 3:30 pm at The Thomas G. Crowder Woodland Center. The guest speaker will be Andrea Lytle Peet, who was diagnosed with ALS at the age of 33. She and her husband David founded Team Drea which has raised more than \$750,000 for ALS research. Andrea, who was a triathlete, has completed 50 marathons in 50 states to raise funds and awareness of ALS.

Social Runs

The June Social Run, hosted by Jadine Lee at the Ridgewood Shopping Center, was a success.

The July Social Run will be the NCRC Dix Sunflower Run at the sunflower field off Hunt Dr. at 6:30 pm on July 19. Members, non-members, children and dogs are all welcome to attend. Elizabeth Werner will lead. There will be 1, 2, and 4 mile options to walk or run.

Judy Liu volunteered to host the August Social Run (Sunday, August 28) on the ATT.

Susan Hatch is hosting the Out of Darkness Community Walk at the Fleming Loop Park in Fuquay-Varina on September 25. Participants can register online or at the event from 5:30-6:30 PM. The walk time is 6:30-8:00 PM. Donations are optional. Sue Hatch registered NCRC as a team.

Race Reports

Brad Broyles emailed his report on the ATT 10 miler and 4 miler. 63 are registered between the two distances. He will send out a reminder to register. He is looking for sponsors. Jack Threadgill suggested that we have an assistant race director. One idea would be to offer a \$10 discount to runners who have done the Run for the Roses and the Classic.

Elizabeth Werner suggested we could have a special shirt or medal for those who do all 3 of our races.

Other Business/Events

The Sir Walter Miler is Friday, August 5, 2022. Events include the Elite Men's Mile, the Elite Women's Mile, the Run Club 4 x 400 meter relay, and the Coaches Clash. It will be at the track at Cardinal Gibbons High School (1401 Edwards Mill Rd., Raleigh, NC). We hope to have a team for the relay. For \$125 we can have a seat at the finish line, swag bag, and possibly hang our banner and be promoted in their promotional literature. Jack Threadgill moved and Barbara Latta seconded a motion to spend the \$125.

Wild Bill 5k - August 6, 2022 at the Seven Oaks Swim and Racquet Club.
Bill Parquet is the race director. NCRC plans to have a booth there.

Esther Dill will discuss the website store at the next board meeting.

The Galloway/NCRC Pancake Run (6:30 am) and Breakfast (8:00 am) will be August 13, 2022 at the American Institute of Health and Fitness (8300 Health Park Drive, Raleigh, NC).

Adopt-A-Highway - Meets in the Sertoma Arts/Shelley Lake parking lot.
The third Adopt-A-Highway in 2022 will be Saturday, October 1 at 9:00 AM.

The next board meeting: August 9, 2022

The meeting was adjourned at 6:59 PM.
Submitted by Susan Hatch