June Board Meeting Minutes

June 14, 2022

Attending: Gerald Armentrout, Susan Hatch, Barbara Latta, Tyler Pake, Bill Parquet, Jack Threadgill,

Absent: None

The meeting was called to order at 6:33 PM.

The May minutes were approved as written.

Membership Report

Regular active annual – 143 Lifetime members – 16 Total – 159

Treasurer's Report - Gerald Armentrout

May Report Race Account – \$19746.43 Operating Account - \$1,722.53

TOTAL: \$21468.96

Money Market Account - \$12,091.98

President's Report - Jack Threadgill

Third Quarter Meeting

The meeting will be September 11, 3:30 pm at The Thomas G. Crowder Woodland Center. The guest speaker will be Andrea Lytle Peet, who was diagnosed with ALS at the age of 33. She and her husband David founded Team Drea which has raised more than \$750,000 for ALS research. Andrea, who was a triathlete, has completed 50 marathons in 50 states to raise funds and awareness of ALS.

Social Runs

The June Social Run will be hosted by Jadine Lee at the Ridgewood Shopping Center on Saturday, June 25 at 6:30 am. There will be a 2 mile route for walkers and a 3 mile route for runners. Jadine will provide refreshments.

The July Social Run will be the NCRC Dix Sunflower Run at the sunflower field off Hunt Dr. at 6:30 pm on July 19. Elizabeth Werner will lead. There will be a 2 mile walk option and a 3 mile run option.

Susan Hatch said she would host at the Out of Darkness Community Walk at the Fleming Loop Park in Fuquay-Varina on September 25. Participants can register online or at the event from 5:30-6:30 PM. The walk time is 6:30-8:00 PM. Donations are optional. Sue Hatch made a motion to register NCRC as a team. Jack Threadgill seconded the motion. The motion was passed unanimously.

Other possible social runs: Harris Lake, Umstead Park - Tyler Pake may host on a Saturday morning in August,

Race Reports

NCRC Classic: Bill Parquet gave a financial report on the Classic.

Race Participants donations: Umstead Coalition \$331

nOg Run Club \$154 Red Cross \$118

After expenses, the race made the following donations:

American Red Cross \$ 1600 Umstead Coalition \$ 3300

Susan Hatch moved and Jack Threadgill seconded the motion to donate these amounts. The motion passed.

After expenses and donations, the club made \$ 6021.04

Runners liked the new location for the start and finish. Bill expected the medals to be made of wood and they were not. Some runners thought they looked cheap. Omega Sports added second and third place gift cards to the 10K which was generous of them.

Other Business/Events

The Sir Walter Miler is Friday, August 5, 2022. Events include the Elite Men's Mile, the Elite Women's Mile, the Run Club 4 x 400 meter relay, and the Coaches Clash. It will be at the track at Cardinal Gibbons High School (1401 Edwards Mill Rd., Raleigh, NC. We hope to have a team for the relay.

The Galloway/NCRC Pancake Run (6:30 am) and Breakfast (8:00 am) will be August 13, 2022 at the American Institute of Health and Fitness (8300 Health Park Drive, Raleigh, NC).

Adopt-A-Highway - Meets in the Sertoma Arts/Shelley Lake parking lot.

The second Adopt-A-Highway started at 10:30 AM on June 11. Susan Hatch, coordinator, had signed up for a race at 9:00 AM so the start time was changed to 10:30 AM. A special thank you to Barbara Latta for getting volunteers started before Susan arrived. In addition to Susan and Barbara, our volunteers were Susan and Thomas Montgomery, Marvin Maddox, Omar Wiggan, and Leigh Wilson.

The third Adopt-A-Highway in 2022 will be Saturday, October 1 at 9:00 AM.

Wild Bill 5k - August 6, 2022 at the Seven Oaks Swim and Racquet Club. Bill Parquet is the race director. NCRC plans to have a booth there.

The next board meeting: July 12, 2022

The meeting was adjourned at 7:20 PM. Submitted by Susan Hatch