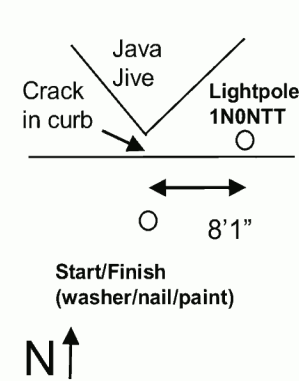


# Java Jive Jog 10K (10KM) Cary, NC Measured by Mike Walsh 4-12-15

USATF Certificate # NC15037DF  
Effective Apr 15, 2015 to Dec 31,  
2025

## Start/Finish Detail



Start/Finish: In Java Jive parking lot aligned with south corner of shop building. Marked with washer & nail, orange paint 2' from north curb. See insert detail

1M: On Lochmere Drive just south of Lockwood W Drive. Marked with washer & nail, orange paint 2' from south curb of island.

East Spur with turnaround: Located on Shadow Bend Ln off Lochwood W Dr, centered in lane and exactly 32'8" east from east edge of driveways of 103 and 102 (diagonally directly from driveway to washer and nail). Marked with washer & nail, orange paint in center of lane.

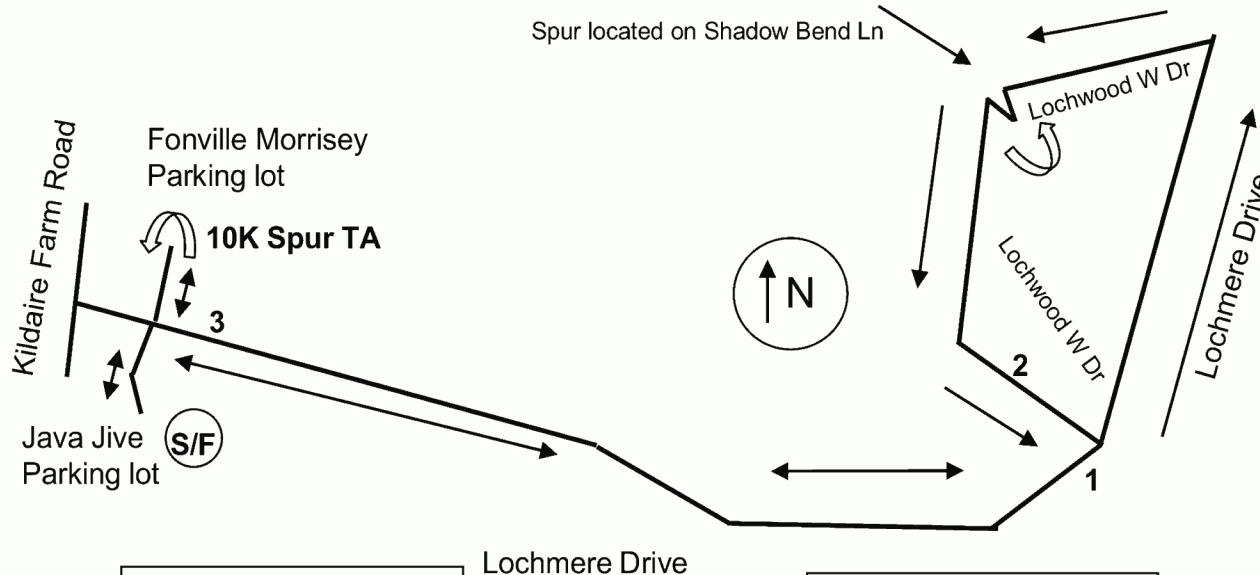
2M: on Lochwood W Drive between 215 and greenway. Marked with washer & nail, orange paint 2' from north curb.

3M: On Lochmere Drive approx middle of dam. Marked with washer & nail, orange paint 2' from south curb of island.

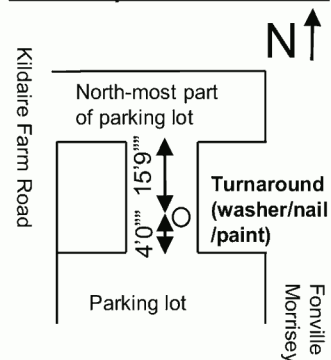
10K TA spur: after completing the first 3 miles of the 10K, the runners will NOT return to the s/f line, but instead complete an equal distance 10K spur to the north, return to the course and complete the second 5K and back to the s/f line. TA is located in the north-most part of the Fonville Morrissey parking lot 4' from the south edge of a grass divider and 15'9" from the north edge. Marked with washer & nail, green paint 2' from east curb. See insert for details.

Mile markers for 4, 5, 6 : RD elected to not mark

Restrictions: Runners must stay to right of median on Lochmere Dr both out and back.  
Separation between start and finish: 0 ft; Rise: 0 ft  
Elevation in ft: start 357, finish 357, highest 423, lowest 334



## 10K Spur TA Detail



## East Spur TA Detail

