

# **2021**

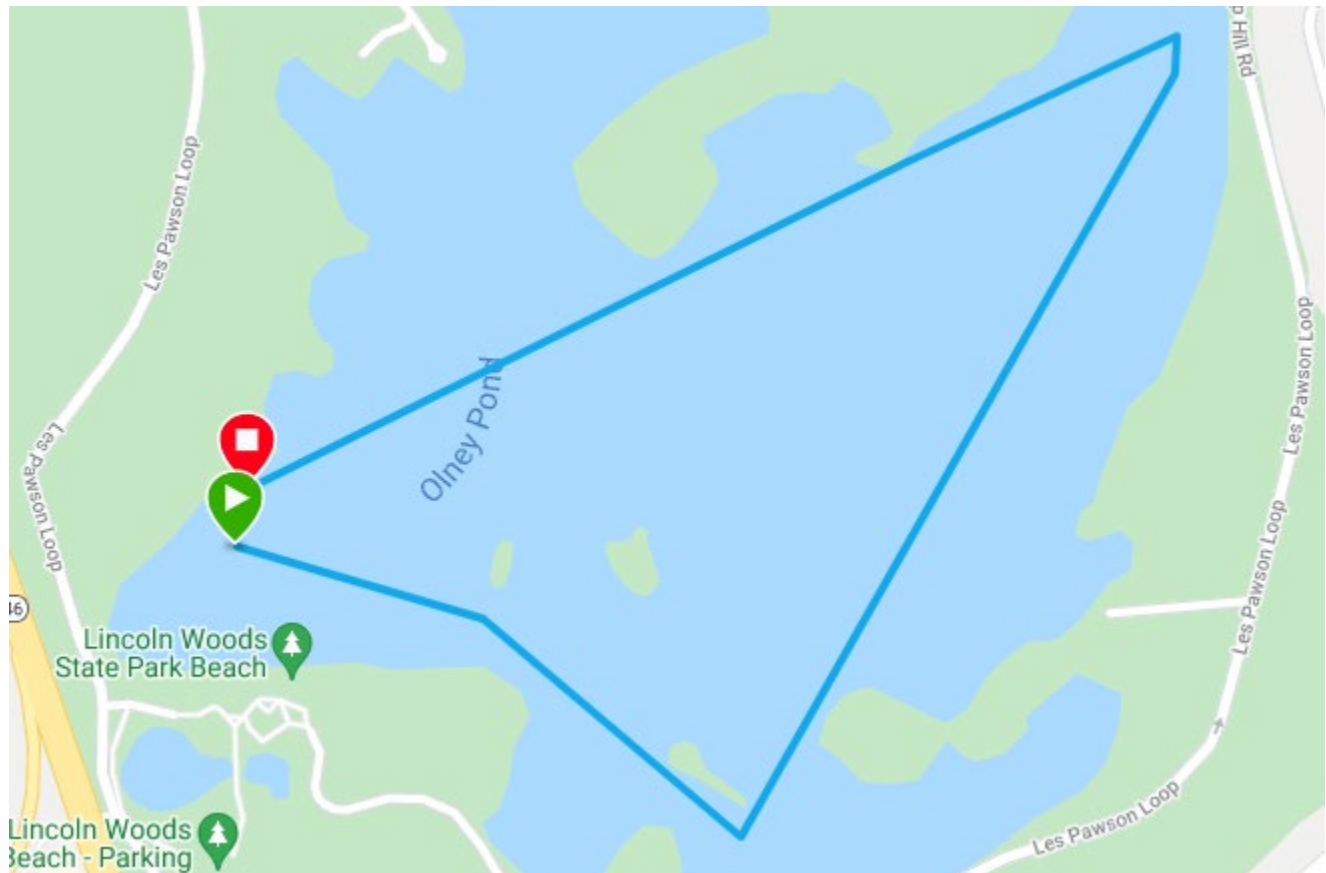
# **Greenway Challenge**

“Up River”  
Course Maps and Cue Sheets

# Segment 1

2 laps counterclockwise with in-water mass start for 2.7 mile Open Water Paddle (2x 1.35 mile loop) on Olney Pond at Lincoln Woods State Park, Lincoln, RI

[Segment One Course GPS](#)

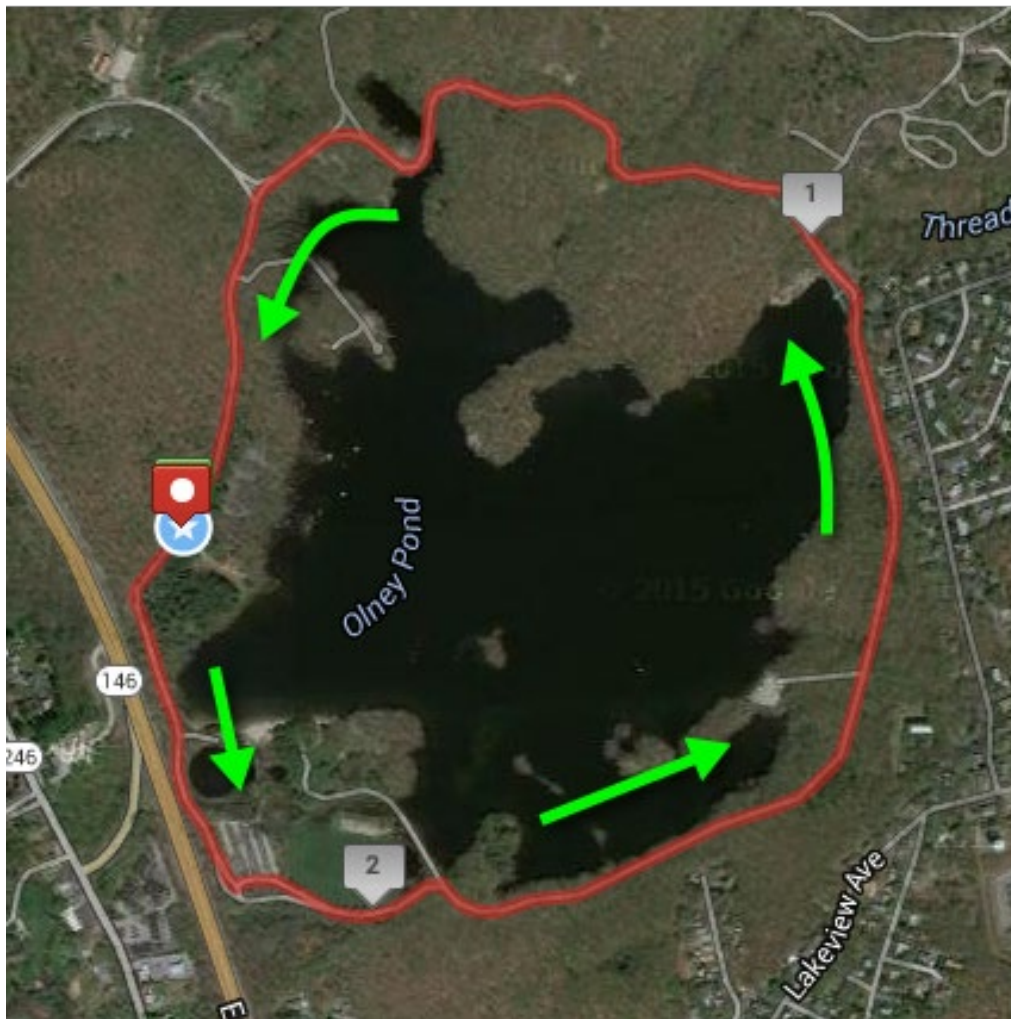


## Segment 2

2.5 mile road run around Olney Pond on  
the Les Pawson Loop

At Lincoln Woods State Park

[Segment 2 Course GPS Link](#)

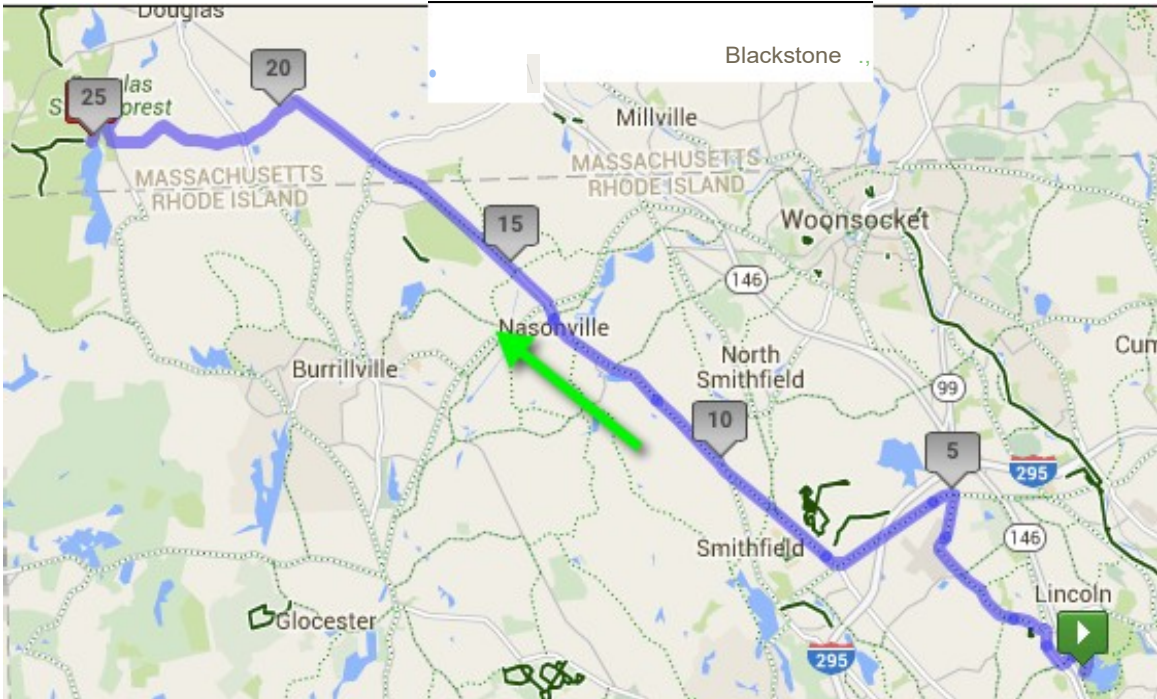


## Segment 3

# 25 mile road bike ride from Lincoln Woods, RI to Wallum Lake in Douglas, MA

[Segment 3 Course GPS Link](#)

- 0.02 mi. Head NW on Les Pawson Loop
- 0.31 mi. Exit Park Left on Twin River Road
- 0.91 mi. Turn Right on Rt. 246-N **[POLICE]**
- 1.58 mi. Turn Left on Rt. 123 (Jenckes Hill Road **[POLICE]**)
- 4.20 mi. At airport, Jenckes Hill Road becomes Albion Road
- 4.96 mi. Turn Left onto Rt. 116 South **[POLICE]**
- 7.24 mi. Turn Right onto Rt. 7 (Douglas Pike)
- 18.37 mi. Rt. 7 becomes S.E. Main Street entering Massachusetts
- 19.64 mi. Turn Left onto Pine Street **[POLICE]**
- 20.78 mi. Turn Right onto Rt. 96 N (South Street)
- 20.83 mi. Turn Left onto Chestnut Street **[POLICE]**
- 22.29 mi. Turn Left onto Walnut Street
- 23.27 mi. Turn Right onto Wallum Lake Road
- 24.12 mi. Turn Left onto Wallum Lake Park Road **[POLICE]**
- 25.21 mi. Bear ~~Left~~ **Right** at Toll Booth toward Parking Area. ~~Boat Launch area.~~  
**Continue straight on road and turn right into Parking area  
with Transition site.**



## Segment 4

# 5.15 mile mountain bike ride through Douglas State Forest in Douglas, MA

[Segment 4 GPS Course Link](#)

1. Starting on left out of parking lot following the Coffeehouse Loop, clockwise.
2. Take left at top of hill (Midstate Trail)
3. Take right onto SNETT (railbed surface trail), approx. 1.3 miles from beach area. This is a major 4-way intersection.
4. Take first left onto Saddle Trail, immediately crossing a new bridge. This singletrack section will gradually climb for approx. 1 mile.
5. At top at the end, take right onto Grand Trunk (slight downhill onto rocky section, but then turns into wider rail trail).
6. At next major 4-way intersection with Streeter trail, take sharp right onto single track called Stud Finder.
7. At bottom of Stud Finder (just over 1 mile long), take right back to SNETT.
8. Take left onto SNETT, then right onto The Spur Trail.
9. Take right onto Coffeehouse singletrack. Follow this alongside the parking lot, popping up onto the upper parking lot section.
10. Stay on right side of lot and re-enter wood on wider fire road.
11. Take first left back down to beach area and venue



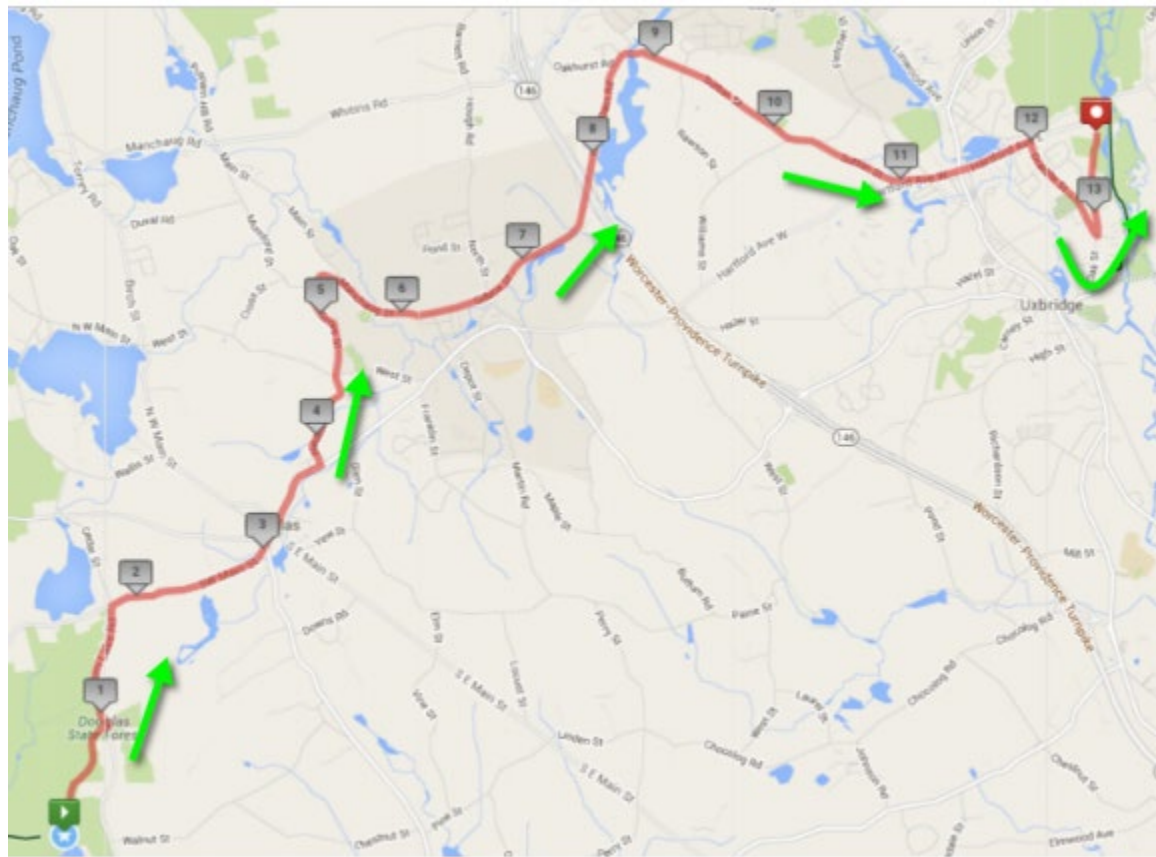
## Segment 5

# 13.5 mile road bike from Wallum Lake in Douglas, MA to Riverbend Farm in Uxbridge, MA

[Segment 5 GPS Course Link](#)

- 0.02 mi. Head North on Wallum Lake Park Road
- 0.9 mi. Turn Left onto Wallum Lake Road **[Police]**
- 1.8 mi. Turn Right onto S.W. Main Street
- 2.69 mi. Head east on S.W. Main Street toward MA-96S  
At intersection with Route 16 – go straight **[Police]**
- 3.76 mi. Turn Left on Riedell Street (corner with Fire Station) **[Police]**
- 3.79 mi. Head North on Riedell Street
- 4.5 mi. At end of Riedell Street, cross over West Street and continue  
straight on Grove Street.
- 5.2 mi. Turn right onto Mumford Street
- 5.49 mi. Continue Right onto Manchaug Road
- 6.17 mi. Manchaug Road becomes Gilboa Street
- 7.47 mi. At 3-way stop, go straight across to Lackey Dam Road
- 8.9 mi. Turn right onto McGuire Road **[Police]**
- 9.31 mi. Continue straight on McGuire Road/Sutton Street
- 10.91 mi. Continue to follow Sutton Street
- 11.12 mi. Merge onto West Hartford Avenue **[Police]**
- 11:70 mi. Cross Rt. 122, continue on East Hartford Avenue **[Police]**
- 12.54 mi. Turn Right on Granite Street
- 12.82 mi. Turn Left onto Oak Street **[Police]**
- 13.5 mi. Riverbend Farm is on your right

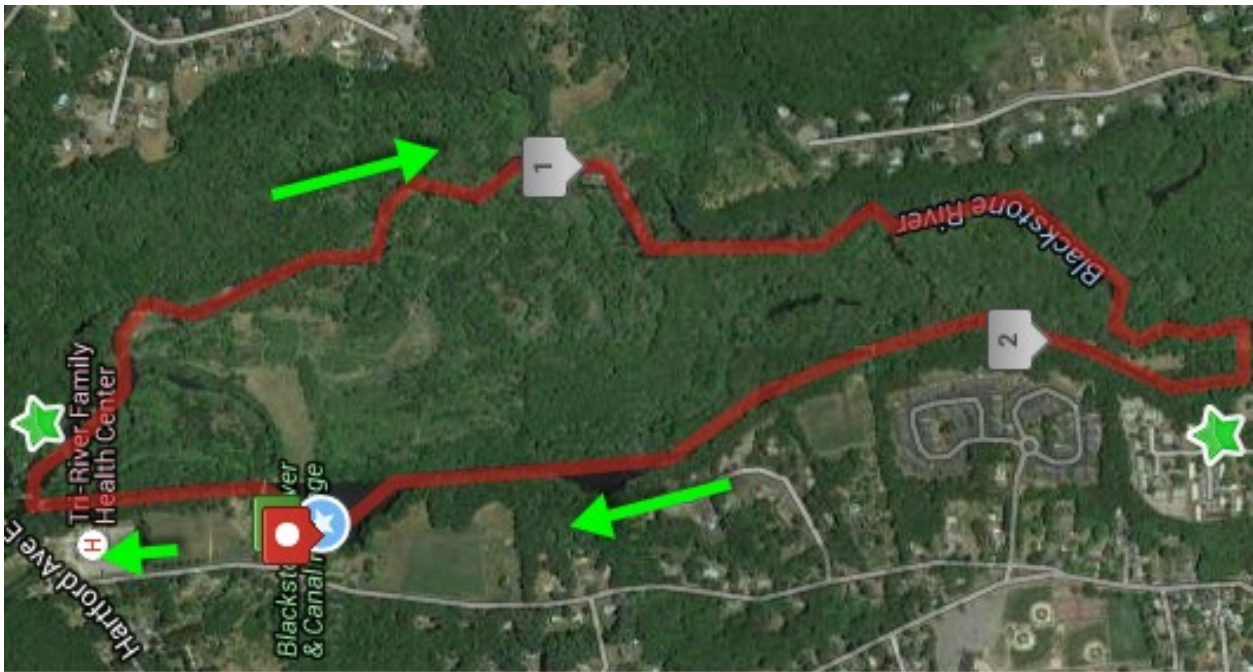




## Segment 6

2.75 mile river paddle at Riverbend Farm  
in Uxbridge, MA (with 2 portages)

[Segment 6 GPS Course Link](#)



Portage 1 behind Tri-River Medical Center just next to E. Hartford Ave  
(canal to river).

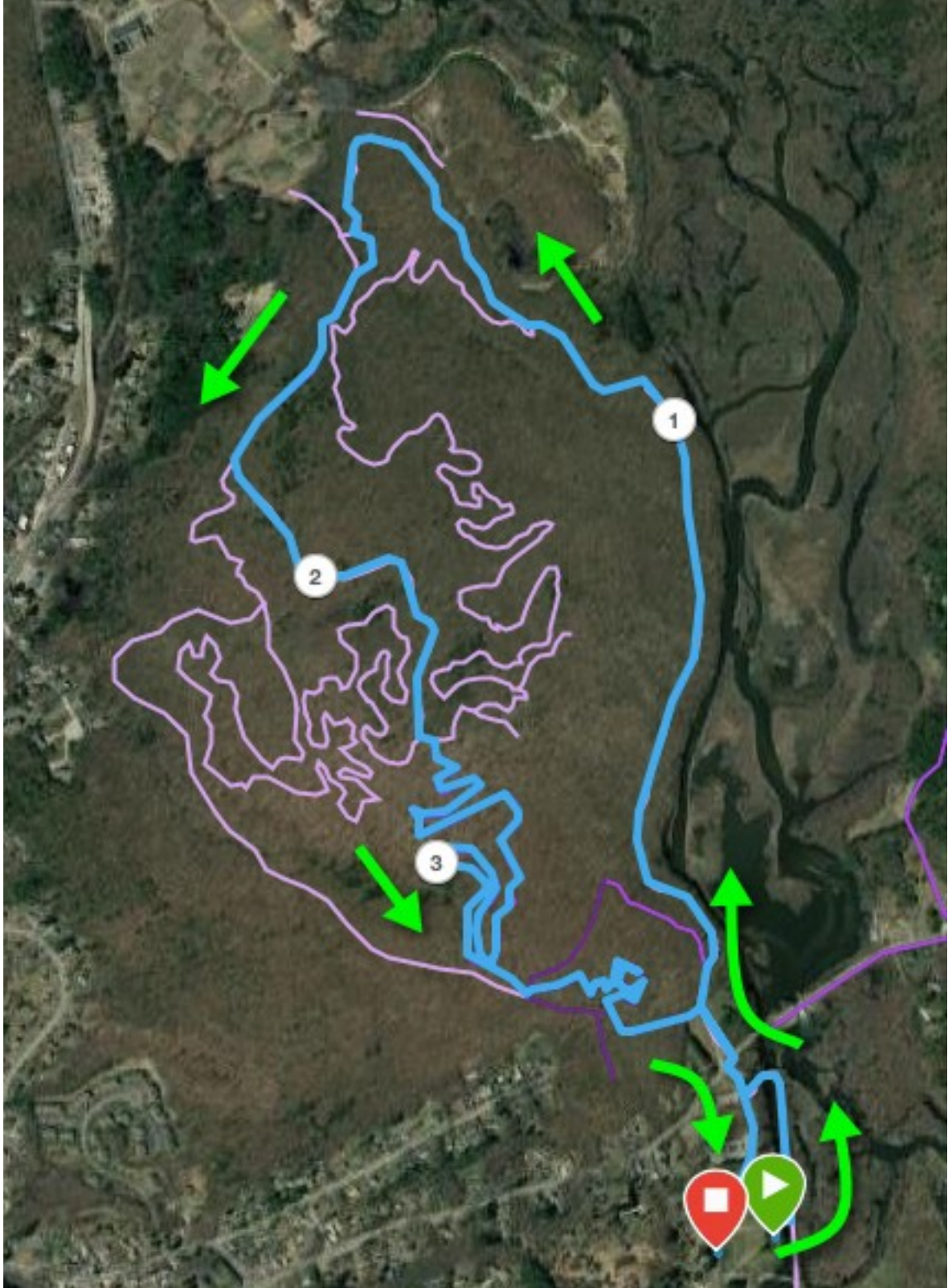
Portage 2 at Stanley Woolen Mill (river to canal)

# Segment 7

## 4.0 Mile Trail Run

[Segment 7 GPS Course Link](#)

1. Starting at River Bend Farm, cross the wooden bridge and take left, running along the other side of the canal from the transition area.
2. Bear left at end, and cross Hartford Ave E. into the grassy field.
3. Enter the trail towards the back right of the field and continue along the canal.
4. Bear left at the end of the trail (going Right will bring you across the Goat Hill Locke), and then take first right across a small water crossing/wet area.
5. Take first left and then bear right onto singletrack. You are now on the Greenway Trail (lower half of it).
6. Continue straight onto Reload Trail.
7. Bear left at the Wind Up trail head and continue up Reload.
8. At top with 4 way intersection, take left then immediate right down Billy Goat trail. At 5 way intersection at bottom, continue straight to Down 'n Out trail.
9. Once back in the grassy field, cross Hartford Ave E, and continue along the backside of Tri River Medical Center (stay to left of building) and return to River Bend Farm.



## Segment 8

### 3.5 mile road run from Riverbend Farm to Whitin Community Center in Whitinsville, MA (Finish Line)

#### [Segment 8 GPS Course Link](#)

- 0.19 mi. Head Southwest on East Hartford Ave. (sidewalk on left side)  
Note: Cross road from left to right side near Crown and Eagle Mill (volunteers will assist)
- 1.18 mi. Cross Rt. 122 and follow North on sidewalk **[Police]**
- 1.63 mi. Turn Left onto Linwood Avenue  
Note: Just past Linwood Mill, cross to right side of Linwood Avenue at crosswalk **[Police]**
- 2.79 mi. Turn Right onto Cross Street across from Crother's Tire
- 2.99 mi. Cross Church Street at St. Patrick's Church onto Prospect St. **[Police]**
- 3.07 mi. Turn Left onto Cottage Street.
- 3.4 mi. Turn Right onto Hill Street.  
Note: Just before Carr Funeral Home, cross Hill Street at crosswalk **[Police]**
- 3.5 mi. Run up Hill Street. Enter Whitin Park near Tennis Court.  
Finish Line.

