Requested by Frank G Bonelli Park, The Parks Bureau Sheriff's Dept. & California Highway Patrol.  
  
   For all Category’s. You must complete and pass the Via Verde & 57 Fwy overpass by 10:30am. for the bike leg. A sag vehicle may come by and pick you up and take you back to the transition or you may choose to turn back on your own. We ask that you leave the transition for the run course and complete 12pm. Thank you very much for your cooperation.

Please note that Frank G. Bonelli Park requests that there is no smoking in the park by yourself or anyone in your party.

Dogs are allowed but must be on a 6ft leash at all times and never tied up without someone accompanying the animal.