I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this event including but not limited to falls, contact with other participants, effects of weather including high heat/humidity, low temperature, traffic, and conditions of the road, all risks being known and appreciated by me.

Having read this release and knowing these facts and in consideration for your accepting my entry, I, for myself, and anyone entitled to act in my behalf of my estate, waive and release Franklin County Humane Society, Young & Associates, Jim Young, the Town of Wake Forest, all sponsors of the race, any other persons assisting with the race, the officers, Board Members, agents, servants, employees, and their successors, and assigns of each party and every of the above from all claims and liabilities of any kind arising out of my participation in the race.

I also agree to be contacted by the organizers or sponsors via e-mails as long as I am afforded the opportunity to opt out of future mailings. I grant permission to all of foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, roller skates or blades, animals and radio headsets are not allowed in the race, and I will abide by these guidelines. If, for reasons out of our control (i.e. an ice storm or such), we are unable to hold the event on the scheduled day, the race will be cancelled and not rescheduled. However, we will make all t-shirts available to those that registered. We will make every effort to run the race as long as it is safe to do so.